



## Contents

Intro.....	5
War.....	6
We Say We Are Intelligent But Are We? .....	7
02-26-2022 War .....	8
02-28-2022 I need ammunition, not a ride.....	9
Convoy 40 miles long .....	10
A post from the Dalai Lama, Feb 28, 2022:.....	11
Get To The Point .....	12
Global Prosperity For All .....	16
Glory To The Almighty.....	18
North Korean Crisis .....	21
Locked And Loaded .....	23
God Willing.....	27
God’s Tricks .....	30
Got To Change Our Crazy World.....	33
Charlottesville .....	35
Wisdom .....	38
Give Peace A Chance.....	40
How To Stop Wars?.....	42
Be Practical.....	46
Be Quiet .....	48
Just Come Back Home.....	50
Still Alive.....	52
Sweet Dreams .....	54
Taken Away By Love.....	56
War Games.....	58
Aggression.....	59
Peace.....	61
Peace On Earth.....	62
Balance Is The Key To Life .....	63
Life is a game.....	64
From Me To We .....	65

Thirty .....	66
Commentary .....	67
Thirty-one.....	68
Commentary .....	68
Pollyanna.....	70
Improved Darkness 2 .....	72
Misfits.....	74
Atrocity Of Atrocities .....	75
Butterfly Creating A Hurricane.....	76
You Have Nothing To Lose .....	77
The Choice Is Ours.....	79
Strength .....	80
Take Off Your Mask.....	81
Cut The Tapes.....	82
The Lantern .....	83
The New Dawning Of Man .....	84
Mothers.....	85
Got To Tell You .....	86
The New Human In Society .....	89
You Are Star Dust .....	93
One Million Years From Now .....	96
Ten Million Years From Now.....	100
I Feel So Much Love .....	103
Think Outside Of The Box .....	106
Signposts Are All-Around .....	108
Hungry For The Kill.....	111
Your actions change the universe.....	112
Why Were We Never Told? .....	115
It's Time For A New Act.....	116
Balance The Ego .....	117
2-10-2107 .....	118
4/28/2018 Chicken.....	120
The Rapture.....	123

Closing..... 124

## Intro



The definition of war is as follows.

A state of armed conflict between different nations or states or different groups within a nation or state. Emotionally we are still in the kindergarten stage of emotions.

Many of our leaders are spoiled brats. The world is still in a tizzy that Russia attacked Ukraine. Just think one person can cause so much chaos. How can he sleep at night when an entire country is going through hell?

How would he like it if another country invaded his country and a rainfall of ballistic missiles rained upon him? Not only that but a caravan of troops in tanks forty miles long was approaching his capital.

Let's keep this simple. Either we stop fighting each other or we will blow ourselves up. It's as simple as that. Mind you there have been plenty of civilizations out in the universe who have done that.

Only we can solve this puzzle. The only savior is humanity saving itself.

## War

War is worse than any four-letter word.

We think we are so smart yet we kill our young.

Let's put our politicians in a ring.

I am right and you are wrong.

We are both talking about the same thing.

Yet for centuries we go on.

War is a dangerous thing.

Are we truly smart?

At least a forest fire, in the end, creates flowers.

While man guns create a cemetery.

We think we are so smart.

Let's put an end to war and concentrate on the real issues.

Because your life is not in the order you want the world to be in chaos.

## We Say We Are Intelligent But Are We?

We say we are intelligent but are we?

We are babysitters of the creatures of this world yet we treat them with no respect.

We would be sued in the court of our father for our neglect.

We talk about criminals but what is the worst crime destroying this planet?

Where will our resources be when there are no trees?

Hungry we will be. Orphans upon this land.

Man has the capability to be the true custodians of this land.

Let's open up our hearts before it's too late.

## 02-26-2022 War

Billions of people are witnessing the slaughter in Ukraine. Can you imagine your world-changing forever during your sleep? You wake up in the morning and have to run to the bomb shelter. An invasion like this hasn't happened since WW II. Where does this insanity go? What country is he going to attack next?

Sanctions unfortunately hardly ever work. Yes, the common person gets affected but Putin won't.

We can't send in NATO. If we do we start another world war. I'm going to keep this short.

This is from CBS news.

As Russia began its full-scale invasion later Wednesday, Trump told Fox News that "This all happened because of a rigged election." At a Mar-a-Lago fundraiser Wednesday evening, he continued his praise of Putin, calling him "pretty smart" in "taking over a country for \$2 worth of sanctions."

War is insane. Only you and I can stop the craziness. It just takes one person in power to bring chaos to a country. They are being attacked by three sides. No wonder the President of Ukraine is asking for assistance from the world. His county is violently being destroyed.

02-28-2022 I need ammunition, not a ride



This is from CNN <sup>1</sup>

Ukrainian President Volodymyr Zelensky has turned down an offer from the United States of evacuation from the capital city Kyiv, the Ukraine embassy in Britain said Saturday on Twitter.

"The fight is here; I need ammunition, not a ride," Zelensky told the US, according to the embassy.

Zelensky remains a "prime target for Russian aggression," US State Department spokesperson Ned Price said Thursday evening amid Russia's invasion of Ukraine

It echoed Zelensky's own words that his intelligence said he has become a key target.

"According to our information, the enemy marked me as target №1, my family - as target №2," Zelensky said Thursday.

"They want to destroy Ukraine politically by destroying the head of state. We have information that enemy sabotage groups have entered Kyiv.

I have nothing but respect for this man.

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<sup>1</sup> <https://www.cnn.com/2022/02/26/europe/ukraine-zelensky-evacuation-intl/index.html>

## Convoy 40 miles long



WASHINGTON (Reuters) - Satellite images taken on Monday show a Russian military convoy north of the Ukrainian capital of Kyiv that stretches for about 40 miles (64 km), substantially longer than the 17 miles (27 km) reported earlier in the day, a U.S. private company said.

Can you imagine if a convoy extended forty miles in Southern California? That would be from Newport Beach to LA. I can't believe in our age this is still going on. How much suffering has to go on? War is obsolete.

A post from the Dalai Lama, Feb 28, 2022:



“I have been deeply saddened by the conflict in Ukraine.

Our world has become so interdependent that violent conflict between two countries inevitably impacts the rest of the world. War is outdated – non-violence is the only way.

We need to develop a sense of the oneness of humanity by considering other human beings as brothers and sisters. This is how we will build a more peaceful world.

Problems and disagreements are best resolved through dialogue. Genuine peace comes about through mutual understanding and respect for each other’s wellbeing.

We must not lose hope. The 20th century was a century of war and bloodshed. The 21st century must be a century of dialogue.

I pray that peace is swiftly restored in Ukraine.”❤️🙏❤️🙏

## Get To The Point

Many people probably say to these poems get to the point.

Stop your rambling.

Your not making any sense.

I don't understand what you are talking about.

You are speaking in riddles.

What piece of the puzzle?

What puzzle?

I didn't understand a word you said.

Are we speaking the same language?

Are you trying to convert me?

What great masters I only know one?

You're joking when you say you are the universe.

There is no kingdom of heaven inside.

I've been alive for many years I have never seen the light inside.

Man will always be angry?

Just get over it.

I don't want to be a monk.

What good is a spiritual path?

Meditation is boring.

My church doesn't teach meditation so it must be evil.

Who wants to be goody-two-shoes?

Kindness is a weakness.

I would never teach my kids your view on life.

You're crazy.

Peace on earth, good luck with that one.

My mind is already tamed.

See my mind dog tail is wagging always.

The mind is not so powerful.

What creative force?

There is no global warming?

Man did not go to the moon it was made up.

War is good.

You need a man of no morals to run this country.

Present-day politics will never compromise again.

We are doomed.

Armageddon is here.

Man will always be a man.

We can never learn our lessons.

God is an angry God.

God is a jealous God.

God is wrathful.

When you die you go to either heaven or hell.

Only blank religion is the true religion.

All others will not be saved.

A newborn baby who dies without being baptized will not be saved.

You are born a sinner.

You must prove yourself to God.

If you make mistakes you are a loser.  
Winning over others is the name of the game.  
If you come in second or third place you are a loser.  
If you come in last place you suck.  
Nobody wants you on the team.  
Just ask Michael Jordon in junior high school.  
Look for the best-paying job instead of the one you like.  
Money is everything.  
Don't think about your fellow man.  
A person in poverty deserves to be in poverty.  
People on welfare don't want to work.  
Why should I help others?  
What has the world done for me?  
Who says the rich get richer and the poor get poorer?  
God only respects my nation.  
God is only on my side.  
You are going to hell, I'm going to heaven.  
I'm not made of stardust.  
What have you been smoking?  
Yeah sure the universe knows my name.  
God has no idea of who I am.  
God doesn't know my name.  
God is not with me.  
I have never seen him.

The great masters told tall stories.

This is all made up.

If it's not in my scriptures it's not true.

My religious book is the only spoken truth.

There is no common denominator between religions.

Ours is the only way.

This is what I have heard on this journey of life.

We can make up any excuse to hinder us on this journey.

Ponder this over.

You are the most precious jewel in the universe.

Discover the jewel inside.

## Global Prosperity For All

May the world learn to share its sacred treasures.

Nobody should ever die of starvation.

Clean water is deserved by all.

A decent house for all living beings.

Education is a birthright.

Teach a person how to fish in life.

Train them for a decent job that will pay their bills.

Humanity must learn how to take care of this precious human body.

We are being indoctrinated by Big Pharma.

They are making huge profits for the world being sick.

Share the wealth.

Trickle down does not work.

Why should 1% have more wealth than 99% of the population?

It seems like a subtle feudal system is still in place.

We replace Kings with CEOs.

Why are wages so stagnant while the rich get richer?

Something is a miss.

The tetter-totter is way off balance.

Man needs to see we are all in the same boat of life.

We are all n the same journey in life.

We all can stop wars.

Fighting is obsolete.

We have the Internet to truly communicate in seconds anywhere in the world.

New can be broadcast in seconds.

We have the intelligence to make this world a grander place.

What we need is a combination of the heart and mind.

Once man truly learns this we can solve any problem.

Both the mind and heart are essential to solve any problems.

Look at our political system.

They can't even compromise.

They constantly point fingers at each other.

Why can't we pass a decent health care bill?

Millions of people desperately need it.

If Congress had our medical plan they would solve this problem.

The same goes for Social Security.

They raid the funds and then say that the fund will run out of money sometime in the future.

It seems crazy to me.

We need our leaders to be like King Solomon.

He knew the difference between the heart and the mind.

He was wise.

Maybe our leaders should learn a lesson from him.

## Glory To The Almighty

Glory to the almighty.

The one who created the universe.

The true essence of love and compassion.

Free will was given to all.

The power that doesn't judge us or condemn us.

The entire universe is filled with kindness.

God is kind.

The almighty is not an angry God.

The almighty is not a wrathful God.

God is a love that is so pure that nothing can taint it.

You are not a born sinner.

You came directly from God when you were born.

So how can you be a sinner?

I think we get more when we give praise to God.

God is beyond praise.

The sun in the sky needs no praising.

It simply shines.

God simply shines on all.

The kingdom of heaven lies within.

This is your true home.

It has always been there.

There is a layer of dust that is covering your true home.

All you need to do is get rid of the dust.

With your intention, God will help you clean up your inner mansion.

It doesn't matter who you are or what you have done.

Humanity may judge you.

But God will never judge you.

We have lessons to learn along the way.

How can you ever learn if you never make mistakes?

All the great masters made the same mistakes you did.

The only difference is they learned from their mistakes.

They learned been there, done that.

I don't need to repeat this scenario.

Remember it probably took them a while to recognize this and not make this same mistake over and over again.

This is how you get wise.

Wisdom is something you gain through practical experience.

Wisdom is not theoretical.

Wisdom is extremely practical.

You can learn this in your life.

There are millions of people doing this.

Each one has its way.

No two ways are the same.

Even if you are twins.

Each one of us is custom designed by God.

Isn't that incredible?

God provides the tools inside so we can discover our true nature.

Humanity is about ready to find the jewel inside.

We have tried for thousands of years to get along with each other.

War is not the answer.

Once man begins to learn his true nature the world will change.

## North Korean Crisis

I admit I don't know who is crazier our president or Kim from North Korea.

Both of them are extremely unstable leaders.

When our president threatened North Korea with fire and fury never seen before  
does he understand what he is doing?

The next day he up's the ante by saying the talk about fire and fury wasn't tough  
enough.

He is putting tons of gasoline on a fire.

These are the signpost North Korea needs to build its case for building nuclear  
weapons.

See we need to defend ourselves from the United States.

John McCain took exception to the President's words.

He said to walk softly but carry a big stick.

War will never be the answer to this problem.

We have a President who can push the button anytime he likes.

We have a President who never backs down.

He will never admit his mistakes.

He will never give an apology.

He will never listen to advise.

I think our President needs to go back sixty-some years to the Korean war.

Millions of people lost their lives.

They have never forgotten that fact.

They built these nuclear weapons to demonstrate to the world we can defend  
ourselves.

Look I'm not a politician.

I'm trying to have common sense.

Rule number 1.

Don't put gasoline on the fire.

With the president's few words, he escalated the situation.

Unfortunately, there is no turning back.

The President has brought us to the brink of war.

A wise president would huddle around his advisers and give a speech.

He would say let's use diplomatic channels to resolve this situation.

Frankly, I feel uneasy when our President would say such words.

Nuclear war is devastation.

Just ask the Japanese.

Unfortunately, we have nuclear bombs today that make Japan devastated like kindergarten.

Robert Oppenheimer the head of Los Alamos who create the nuclear bomb said the following quote from the Bhagavad Gita.

Now I become Death, the destroyer of worlds.

This is the kind of destruction we have.

So how do we go beyond this?

War is obsolete.

We need a President who ponders over his words before he speaks.

Frankly, I don't know how to get out of this situation.

I would have the world talk directly to China to babysit its neighbor.

China must make its stand.

## Locked And Loaded

Do we have a diplomatic in office?

It's more like an egomaniac.

What kind of President ups the ante toward nuclear war by saying the following?

The American military was "locked and loaded" for conflict "should North Korea act unwisely

I think the President should listen to his own words.

Each day it's his words alone that bring the US to the brink of war.

He plays a poker game with serious consequences.

Each day he ups the ante in rhetoric.

He seems to enjoy placing gasoline on the fire.

He seems like the bully at the playground.

So arrogant.

Millions of people are held hostage to his words.

Nuclear bombs were meant to be a deterrent to war.

All the past presidents and even the Soviets knew that.

I watched carefully before the election he was curious about our nuclear arsenal.

He asked questions that didn't seem normal.

Now he has the codes to launch in his hands.

Frankly, that scares me.

He will never back down.

He will never give an apology.

How in the world did he get in office?

I have never seen a President who is so calloused towards life.

Millions of people could die.  
Yet day by day he is upping the ante.  
All the news media is saying shut your mouth.  
You are instigating a nuclear war.  
How can diplomacy ever happen when you are spouting these words?  
Did your parents ever teach you any manners?  
You ran your business like a tyrant.  
Now the tyrant has become the President of the United States.  
I have always supported our Presidents.  
I may not always support their issues.  
But I support the past presidents.  
But when a president has so much ego that he brings a country to the brink of  
nuclear war I can't support him.  
As Theodore Rosevelt once said walk slowly but carry a big stick.  
In the past, the US and the world would not respond like Mr. Thrump.  
He thought they were too weak.  
I call that great strength.  
It's so easy to spout out and flame your opponent.  
Diplomatics learn the art of communications.  
Mr. Trump is not diplomatic.  
He is running the United States like a big business.  
Unfortunately, it can't be run that way.  
So in the background, I'm assuming that some sort of communication is going on.  
Yet how can you communicate with North Korea when our president day by day  
gleefully ups the ante?

I feel like he thinks it's his stock of weapons that he can use whenever he wants.

That truly scares me and probably the world.

I have never seen a President take such interest in our nuclear arsenal.

I hope China comes in to rescue the world.

I hope they come to their senses.

The whole world could be impacted by this.

Remember WW1 got started by an assignation and all hell broke loose.

Now we have a President saying such crazy words that World War III could start.

I don't even think he cares otherwise he would shut up and not say anything.

I think the President should not say anything to the press until this critical issue gets solved.

That's why we have diplomats.

That's how the past President did it.

Yet that took time.

Now we don't have time.

Yet day by day I wonder what kind of threats he is saying.

Can't Congress do something about it?

Why are we all just sitting there and not doing anything?

To be frank, if a CEO says this he would be fired.

Aren't there any conditions where if a President brings us to war by his rhetoric he should be dismissed?

This is exactly what is happening.

Somehow the people of our nation know it is wrong.

We know we have a serious bully in office.

Need I say more?

But his actions could have serious consequences for millions of people.

I hope our President would wake up.

His ego and pride could cause catastrophe to millions.

When he said locked and loaded it means he will never back down.

I don't like to say this but we have a maniac in office.

His pride and ego are worth more than millions of lives.

What a sad day this is.

## God Willing

There is a famous mystery school quote.

It's by will alone that I set my mind in motion.

That may seem simple or not but it means a lot.

Yet there is a huge difference between our present state of mind.

Our present state of mind doesn't even consider this.

Our mind is always in motion.

What does the will have to do with this?

Well first of all when you know that it's by will alone I set my mind in motion you have a different state of awareness.

The mind does not command you.

You command the mind.

That is the difference between day and night.

That is the difference between being in the center of a hurricane or living in the whirling winds of the mind.

This may seem like a foreign language to you.

What are you talking about?

What does this have to do with life?

Well, let's take our present-day situation with North Korea.

We have a President who loves to taunt anyone who disagrees with him.

It doesn't matter who it is.

Hundreds of examples have been given.

This is a man who speaks without pondering.

A man who doesn't connect the mind and the heart.

You see when you set your mind in motion you tap into the unseen world.  
You tap into the creative force of life.  
You automatically think and ponder before you speak.  
Well in the past week our president by his words alone has escalated the matter  
to the brink of war.  
He can control himself.  
By his words, millions of people can get killed.  
Yet the taunting continues.  
All of his grown life he has learned to taunt people to get his way.  
Even if it means nuclear war/  
I'm wondering why doesn't Congress do something about this.  
Are they scared of this man?  
He is weak-minded and has no morals at all.  
Yet the Christians flock to him.  
What would Jesus say?  
War is obsolete.  
There is always a better way.  
The world that still fights is not civilized.  
Now you even have a President who is thinking to use Nuclear bombs because of  
a threat from another nation.  
Don't put God in this picture?  
Both sides of the party escalated this matter.  
There is a practical solution.  
You can figure it out.  
Imagine if the United States got attacked around 60 years ago.

Millions of people lost their lives.  
The hostility would still exist today.  
We didn't have any way to protect ourselves.  
So we figured out to develop a nuclear bomb/  
No countries would speak to us except for the one on our border.  
We are extremely poor.  
Now imagine this is North Korea.  
If we could forgive our past enemies such as Germany, Japan, and Vietnam we  
can forgive North Korea.  
Let bygones be bygones.  
Build up their nation.  
Slowly build trust so strong they become our friends.  
If we don't see them as an enemy but as a confused nation still trying to  
overcome the horrors of war.  
Look at a soldier today returning from Afghanistan or Iraq.  
How many commit suicide?  
It's an epidemic.  
Now, how about North Korea?  
They never recovered.  
Does that affect you at all?  
An entire nation is suffering.  
Let's be like the Christ.  
Let's help our fellow man.  
It's by will alone I set my mind in motion.  
Nothing could be more practical than that.

## God's Tricks

Does God play tricks?

In my eyes, there is no slighting of the hand.

There are no tricks up his sleeve.

There is no illusion.

God's magic is real.

God created the entire universe.

God is kind.

The universe is kind.

God is love.

The universe is love.

God is patient.

The universe is patient.

So if God is everywhere then he also exists inside of us.

We are the universe.

We just don't know it.

All the great masters have said the kingdom of heaven lies within.

This is where we can discover the true magic of God.

God's greatest gifts to us are his true nature.

Love.

Compassion.

Kindness.

Patience.

Tolerance.

This world would be Heaven if all human beings experience this on a moment-to-moment basis.

We all are amazed by this creation.

Yet how incredible the creator exists inside of us.

Maybe this is God's only trick.

He hides inside of us waiting to be found.

We have free will.

The great masters have come down and said the jewel lies within.

Take this shovel and dig within.

We can't dig the hole for you.

That's where free will comes in.

This journey of life can be difficult.

Maybe that's why it's called a journey.

But when one discovers the jewel inside the journey becomes easier.

I'm not saying it will always be a smooth ride.

This journey of life will always have bumps in the road.

But when you discover you are never alone.

God is silently coaching you.

He is always on your side.

I truly think that's the greatest gift.

We are never alone.

I've been laid off many times in the past 6 years due to government funding and contracts ending.

To be honest I don't like it.

It's a hassle to look for a new job.

Yet each time I see the hand of God in my life.

I can almost hear the silent whisper.

I'm here with you all the time.

Don't panic or freak out.

You are not alone.

I'm here by your side.

For me that's magic.

I love the feeling of being rocked by God when things get tough.

We are all God's children.

That same God exists inside of you.

We are all in the same boat on the journey of life.

I hope you like this advice.

Magic is everywhere.

Discover the magic within.

Our life will never be the same.

## Got To Change Our Crazy World

The Great masters from the past came down to change our crazy world.

Man has been fighting for eons.

What has it brought us?

Nothing but misery on this planet.

Probably billions of people have died due to wars.

How civilized are we?

Do we truly think that going to war will solve man's problems?

We had WWI.

It was the war to end all wars.

Yet only years later we had WWII.

This time the war ended when Japan was bombed twice with nuclear bombs.

Still, this didn't end fighting among men.

Wars continue today.

Our current president is on the verge of having another nuclear war with North Korea.

Both countries are ridiculing one another on the playground of life.

Both leaders are very immature and unstable.

I pray that someone will intervene.

Where does all this craziness stem from?

Why do we act this way?

Man has to discover his true nature.

Man needs to learn how to tame the mind.

It's that simple.

That's where all the craziness gets started from an untrained mind.

That's why I say the spiritual path is the most practical.

Without a spiritual path, the weeds within grow out of control.

Anger.

Greed.

Power.

Control.

These take over.

We see it very evident today.

We have a President who if you disagree will spend the early morning tweeting all about you.

His words aren't kind but extremely demeaning.

The New York Times keeps records of how many times he has lied.

It was around 900 at the last count.

This was only 7 months into his Presidency.

How can we know when he is speaking the Truth?

He has the nuclear codes in his hands.

Will his ego push us into nuclear war?

Only time will tell.

Each of us has a piece of the puzzle.

We don't have the entire puzzle.

We have a piece.

Without your piece, the puzzle can't be complete.

Ponder this over.

You are more important than you think.

## Charlottesville

For a second last week, I thought I was in Germany before WWII.

The K.K.K, neo-Nazis, white supremacists, and other hate groups came to Charlottesville.

They came in hate and anger.

They chanted slogans that would have been said if Hitler was still alive.

Now I believe in free speech but this is gone too far.

Millions of Jews were slaughtered by Hitler and his regime.

Millions of people died in the war.

One innocent woman was killed and many injured by a terrorist driving his car into the crowd.

I saw an interview where a Jewish s synagogue had its people inside of the temple fearing going out.

Outside chants of Hitler were in the air.

Yet what does our President say?

He says both sides are at fault.

Wow.

Are you serious?

He then a few days later makes a statement saying they should be condemned.

Yet the next day he again says the blame is to be on both sides.

Wow again.

Our President doesn't regret what he said.

Many of the CEOs on his business councils resigned.

Even the heads of all Military announced that hate groups do not belong in America.

We fought a war against bigotry.

Now it's back and seemly supported by the President.

He even has members of his cabinet who supports the alt-right.

Wow again.

Just a few days ago I wrote about Trump almost bringing us to the brink of war  
and now this.

Last night CNN called 65 Republicans to ask for their feedback.

Only one of them responded.

He alone spoke the truth.

Did you know that the same thing happened in Germany?

Nobody spoke up.

Did you know that President Trump never called the mayor of Charlottesville?

He did not attend the young woman's funeral.

Did you know that the K.K.K, neo-Nazis, white supremacists, and other hate  
groups feel that the President supports them?

Now that's scary.

I even saw an interview where one said that.

Our President is putting tons of gasoline on the fire.

I'm glad to see some Republicans speak up.

The sad thing is before Trump came to office the main supporters were the K.K.K,  
neo-Nazis, and white supremacists.

They continue with him today.

I bow my head in silence to the young women and two other officers who died in  
serving our country.

You did not die in vain.

Thousands of people yesterday had a beautiful vigil remembering you.

I have faith in mankind.  
Peace will be on this earth.  
You are a piece of the puzzle.

## Wisdom

Wisdom comes in many different styles.

A man may have wisdom in his job.

He may be a software, Guru.

I love to cook.

Many chiefs are full of cooking wisdom.

They know exactly what ingredients this dish needs and when to add them.

A politician knows exactly what time to deliver his speech.

He would never tweet at three in the morning.

He and his advisors would consult each other to deliver the news to the world.

One word can start a war.

You may have wisdom in business affairs but running the country is a different manner.

True wisdom is a combination of the inner and outer.

Without inner wisdom, you are like a chair without any legs.

You have no foundation.

You just speak whatever comes to your mind.

The wise man understands the power of words.

He knows he can spark a war or help create peace on this planet.

True wisdom would never think about building a wall between two countries.

This is so immature.

Christ had wisdom.

He would build bridges.

He understood the thread that ties us all together.

A man lacks wisdom when he mocks the handicapped.

A man lacks wisdom when he says "I can kill someone on the street and they would still vote for me"

If you said that fifty years ago you would be thrown in jail.

How about I can grab any woman by the pussy?

How about leaving the Paris Agreement?

Wow, only Syria and Nicaragua aren't part of this plan.

A man of wisdom would lead the way to clean up the planet.

We have garbage in our living rooms.

A man of wisdom would have shaken hands with the Prime Minister of Germany.

Where is his diplomacy?

There isn't any.

Unfortunately, we voted him in.

He called for Russia's help during the election process.

Well, they did try to intervene.

I hope America learns from its mistake.

We need a man of wisdom to run this country.

I pray that in the future we have a President who has both inner and outer wisdom.

How about King Solomon?

Now I would like that.

He would be a great choice.

Where are you, King Solomon?

There is a great position opening in four years.

## Give Peace A Chance

I like the words of John Lennon.

Give peace a chance.

How about that?

We have been fighting for thousands of years.

Look at all the wars on the planet.

What have they solved?

Syria has been blown away.

Where can you live when there are no cities to live in?

What is the effect of this war?

Millions of refugees

Thousands have died.

The entire country is in chaos.

War is never the answer.

A wise man would never declare war on another.

There is always a solution to any problem.

War is antiquated.

It is a thing of the past.

For the world to evolve, we must stop fighting.

Currently, the music that is playing is scratched.

The needle is playing the same part of the song over and over and over.

We think this is normal.

The record player became obsolete in the seventies.

Yet the same scratched record is being played.

War, War, War, War.

We need to play a new song.

How about John Lennon's song?

Let's give peace a chance.

War is not the answer.

## How To Stop Wars?

How can we stop wars?

First of all, man must stop the fighting inside.

We must pull out the negative weeds that exist inside of ourselves.

We must pull out anger, intolerance, and greed.

We have tainted glasses.

We think we are seeing yet the weeds are preventing us from seeing clearly.

Any war starts inside of us and then spreads to others.

It's like a disease.

It spreads quickly.

We think we have a God-given right to attack another country.

God does not take sides.

We have to solve any problems on our own.

We act like spoiled babies.

If I don't get what I want I will have a temper tantrum.

Wars get started that way.

Wars will be stopped when there is an inner and outer balance of wisdom.

Do we ever learn from our mistakes?

History repeats itself over and over again.

All the wise men from the past have said to learn from your mistakes.

You are a fool when the same needle is playing the same part of the song over and over.

War, War, War.

Children have greater wisdom.

They know that war never solves any problems.

Look at Iraq.

We have been there three times longer than in WW II.

Yet still, there is no peace in sight.

Show me a war today that has united mankind.

By eliminating the war inside of us we can stop the external wars.

We can begin to discriminate proper actions to take to eliminate wars on the outside.

How about talking to the newborn Mother on both sides of the conflict?

Let's think outside of the box.

What does a newborn Mother want for her child?

A warm and comfy home.

Food on the table

A safe environment for her child.

A great school to teach the young.

If she was involved in this process I can guarantee you that wars would be stopped.

The Mothers would solve the problems.

Politicians start wars and send young men to fight them.

They aren't part of the process.

Mothers are.

Their sons are sent off to fight some battle.

We need to stop glorifying war.

Talk to any veteran.

Did you know that every hour of the day some veteran is committing suicide?

Why are there over 50,00 homeless veterans just in Los Angeles?

Our politicians give lip service to this today.

How many have come back totally traumatized?

Their limbs and minds have been blown away.

We make young men it is an honor to defend our country.

Yet is any war justified?

Do we have inner peace?

If you don't you are on the same track playing the same song.

War, War, War.

Inner peace is the first step we need to obtain.

If a politician doesn't have that we are doomed to follow the same track in history.

Man must start to pull the inner weeds.

Wise men like the Christ have been saying this for centuries.

Yet we say it's not practical.

I would say it's the most practical thing any human can do for this planet.

I would say we are crazy not to pull our weeds inside of ourselves.

Any problem known to man can be solved when a man works in the garden within.

Your garden can help to bring the "Kingdom of heaven" to earth.

When the fighting has stopped inside of you, you put your piece of the puzzle into the puzzle of life.

This is how wars can be eliminated from this planet.

Remember that God is your coach.

He is on the sideline watching the game.

It's up to us to solve our problems.

## Be Practical

As adults, we are told to be practical.

What does that mean?

For the majority, it means feet on earth.

It means to go to school, get married, get a job and then retire.

We are told this is what good citizens do.

Yet what are we missing?

Why is there so much discord today?

We are fighting wars all around the planet.

Hundreds of people are dying from opioids today.

Thousands of veterans are living on the streets.

The Republicans and Democrats hate one another.

They don't know how to compromise.

That is something from the past.

The United States is going to leave the Paris accord.

We have a president who tweets whatever comes to his mind at night.

I could go on and on.

Yes, we need our feet on the ground but we need our heads to be in heaven.

What does this mean?

It means we must be practical and pull the negative weeds inside of us.

We have ignored them our entire life.

Imagine the garbage dump that we have inside of us.

We need to be mature and stop acting like spoiled brats.

We are on the see-saw of life.

The majority of us are sitting on the ground with our butts.

We are not balanced in life.

We follow the rules that are given to us.

Yet something is missing.

We can't quite pinpoint it.

We are off balance and don't even realize it.

Christ talked about the garden within.

He talked about pulling out the negative weeds.

This is probably the most practical thing you can do.

All the great masters have said that.

You are a reflection of your inner world.

By harmonizing the inner and outer The see-saw will be in balance.

Now this is practical

The man then becomes human.

Man = mind.

Human = divine mind.

Which road do you want to travel on?

The road of anger, war, and destruction.

Or

The road of unity, love, and compassion.

It's your choice.

Remember you are the universe you just don't know it.

## Be Quiet

The wise man knows when to be quiet.

He knows that words can be like putting gasoline on a fire.

He has the discrimination to know when to speak and when to be silent.

Words are extremely powerful.

They can be like a two-edged sword.

They can help humanity or they can bring a nation to war.

Our world is a manifestation of our words.

We were only taught to be quiet when we were young.

At times it was an insult.

Our parents or teacher would say “Be quiet” if we say something they didn’t like.

Over time the phrase became a negative connotation.

Whenever we heard the phrase our eyes would say I’ve heard this before and brush it away.

Years later we might get introduced to meditation and this same subject might come up.

Be quiet.

The same images from the past arise in your mind.

Sit still and listen.

Yet this time we realize that it is very difficult to sit still.

You begin to see that the mind is very powerful.

Endless chatter is going on in your mind.

You ask yourself does the mind ever shut up?

No wonder the masters have said the most difficult thing in the universe is training your mind.

The mind can be your friend or foe.

The same steps you take to train your mind are the same steps to train your dog.

First, you must love your dog or mind.

You are not the enemy.

You are its best friend.

Second, with compassion, you start to train your dog or mind.

By being aware of your breath the mind will not see this as a threat.

The same goes for your dog.

The dog won't respond to threats.

If you do the dog might respond but he will remember the threat.

Over time by focusing the mind on the breath of life the mind slowly becomes  
your friend.

It still can be a brat at times.

Yet the mind loves the experience of peace inside.

All the chatter within was caused by a lack of peace, love, and compassion.

The mind is like a tuning fork.

Whatever it touches it vibrates at that frequency.

Behind your breath lies pure peace, bliss, and compassion.

Over time the mind melts into this frequency of love.

You are learning how to tame the dragon mind.

The dragon becomes your friend.

## Just Come Back Home

Just come back home.

This is what Mothers tell their sons in times of war.

Today it might be Fathers telling their daughters.

We all want our children to be safe and not harmed.

There will be a day when the world sees that war is obsolete.

War truly never is the answer.

We have war machines that think it is.

We have a vast military-industrial complex that is dependent on war.

Let's face it.

War is a profit-making business.

Sad but true.

We need the same people in charge to see that peace is a profit-making business.

When there is peace there is a corporation.

When there is a corporation countries trade with one another.

When this happens the need for war slowly fades away.

Why do we think it's our patriotic duty to send our loved ones to war?

We are trained to believe this.

If you are a peaceful human being you are considered weird and unpatriotic.

Wow!

Do we ever get our values screwed up?

War is not the answer.

Look at Afghanistan.

We have been there for sixteen years.

Yet the war has not been won.  
Even the Generals know it can never be won.  
Yet trillions have been spent.  
More troops are coming.  
It's time for our political system to think outside of the box.  
How can we stop wars around the world?  
What kind of new dialog can we have with each other?  
How can we speak from kindness and not anger?  
How can we truly listen to each other?  
How do we compromise?  
How can we ponder things over and then speak?  
This way we won't be putting gasoline on the fire.  
Things won't escalate out of control.  
We need to be more aware of our true nature.  
Without that the record will be playing the same old song.  
War. War. War.  
Ponder this over.  
Let's change our ways.  
We owe it to our future generations.  
Just come back home.

## Still Alive

Isn't it amazing that humanity is still alive?

When I was born the cold war just got started.

During the Cuban missile crisis, we had nuclear drills where you had to hide underneath your desk.

Wow, what would that have accomplished?

You would have been completely turned to dust if you were near the center of the blast.

Yet by grace alone, this incident passed.

In the sixties, millions of Christians talked about Armageddon.

The end of the world.

Yet people have talked about this for good thousands of years.

People were saying that when we reached 2000 the world would end with the Y2k crash.

Companies and governments spent millions of dollars.

Yet the year 2000 came and went without any serious consequences.

Still, people thought that 2012 would be the end of the world.

They looked at the incredible Mayan calendars for proof.

One of their calendars had a 24,000-year cycle.

People grab on to that and proclaimed this would be the end of man.

Movies and books were made.

Money was made to scare people and terrify them.

The Mayans laughed.

They said when the calendar ends you put a new calendar on the wall.

This is not the end of the world.

It's a beginning of a new cycle.

Does God want humanity to blow themselves up?

I might doubt that.

Yet we have free will.

I believe in humanity.

I have traveled the world and fallen in love with each different country and culture.

We all want the same thing.

We want to raise our families with dignity.

We want health care for all.

We want our children to be educated.

We want them to grow up in a great environment.

I think that peace will prevail.

You are a piece of the puzzle of life.

Ponder this over.

We are still alive.

## Sweet Dreams

Sweet Dreams to all

May the children of the world have sweet dreams.

May the children dream for a better tomorrow.

May the earth provide food for all.

The earth is abundant.

Man must learn to care for all.

The times are changing.

May we have sweet dreams.

Can you imagine if mankind didn't have any nightmares?

Imagine no more war.

Imagine the US not spending half of its budget on defense.

Imagine not spending anything at all.

We could use that money wisely.

I feel it's a birthright for all children to go to bed safely and have sweet dreams.

It's our duty as human beings to help each other out.

We are still living in such odd times.

Millions of people are being displaced.

Families are being ripped apart.

We even have drastic measures in the states not to allow these refugees into the states.

Mankind must be a kind man.

The universe is kind.

God is kind.

Man must be kind.

To solve the world's problems, we must first be kind.

Man has fought for thousands of years.

Look at what that has brought.

More wars.

We have been in Afghanistan for over sixteen years with no end in sight.

Is this the hundred-year war?

I truly think that humanity must change.

We must end all war.

We must learn that we are all gifts from God.

We have created a mess on earth and we must clean it up.

God sits on the sideline coaching and inspiring us on the way.

He will not do the work for us.

Humanity must change on its own accord.

We have free will.

It's up to us to change for the better.

Sweet dreams for all.

Peace will come on earth.

Mark my words the majority of mankind wants peace, not war.

Only a few people on earth want war.

Ponder this over.

You are a piece of this puzzle.

## Taken Away By Love

I've been taken away by love.

What can I see?

Many moons ago this adventure started.

I was quite young.

I'm young at heart but I'm in my sixties.

This is an incredible journey in life.

It has many adventures.

In the beginning, I try to meditate on God.

I would spend hours trying to connect to God.

Many moons later I feel at times God is meditating on me.

I know that sounds ridiculous.

Yet I'm being taken away by love.

Day after day love is truly taking over.

Words can't describe that experience.

But I see the world through different eyes.

In the past ducks and geese never captured my eye.

Yet today I am fixating on watching them fly in the sky.

Wow, such beauty in motion.

I love staring at a pond and noticing the beauty of nature.

Nature has a sweet language of silence and love.

If you are open it can communicate to you.

The essence of love is like perfume.

It pervades throughout the universe.

This is our true nature.

No wonder all the great masters talk about it.

No wonder why Rumi is still loved by millions today.

His poetry inspires us and teaches us.

Rumi was a perfect example of someone taken away by love.

All the great masters were in the same boat.

Slowly throughout their life, they were taken over by love.

This adventure lies inside of you.

They say you can open the door and walk through.

Recently I heard another ingenious way.

Why not dissolve the inner walls of your own house?

By doing this no walls will exist between you and God.

Maybe the rules have changed since 2012.

Maybe, at last, the light is becoming stronger than ever before.

Maybe just maybe this is a new dawning for mankind.

Peace will come to this earth.

Mark my words.

This adventure goes on.

We are all returning to the source.

Yet this time man will be aware of the universe while he is alive.

Ponder this over.

## War Games

Is war a man's game?

I saw on the TV where someone asked this famous person, 'Can man stop fighting?

His answer was that man loves to compete and war is probably the greatest competition.

Sporting events are legalized war.

How far have we progressed or digressed?

The Romans would have the gladiators and the lions.

We have the WWF.

We love the drama.

We all know that wrestling is a fake, but they put on an incredible show.

Yet millions of people love the show.

Is war good vs. evil?

Is it worth it that millions die from it?

Generals ponder the next move.

The coach makes the next play.

In the end, have we progressed?

## Aggression

The definition of Aggression is as follows.

noun

hostile or violent behavior or attitudes toward another; readiness to attack or confront.

Similar:

hostility

aggressiveness

belligerence

antagonism

militancy

warmongering

warlikeness

violence

attack

assault

encroachment

offense

invasion

infringement

Where do all wars start?

They start from the aggressions of the mind.

Every single war has started that way.

An aggressive thought turns into aggressive action.

Mind you it doesn't take too much.

A leader could have had a bad night's sleep.

It's as simple as that.

The snowball starts going down the hill.

Before you know it's out of control.

The increased anger state of mind leads to aggression.

Mind you clarity has done an exit stage left.

Snagglepuss has left the stage.

The mind is in a chaotic state.

Presidents have said my button is larger than your button.

They were talking about nuclear weapons.

Mind you that is a scary thought.

Why don't we vote for Presidents who have stable thoughts?

You would think we would have learned our lessons.

Apparently, not.

## Peace

There would be no war if man was peaceful.

There would be no fights between men.

You may have a different point of view.

We are all different flowers.

How boring it would be if all the flowers in the world were sunflowers.

To be peaceful is the greatest strength.

War is easy compared to peace.

It's easy to blow up and fight your fellow man.

It takes a wise man to diffuse the bomb of anger within.

Throw away your bombs.

Throw away your ideas that my way is the only way.

I'm going to convert you.

Discover the inner peace of life.

It's like dumping that Oreo cookie in the glass of milk.

## Peace On Earth

Did you know that God does not bring peace on earth?

That is our choice.

Did you know that God won't stop a war?

That is our choice.

Did you know that God won't stop poverty on earth?

That is our choice.

God won't stop the problems we have created.

That is our choke.

## Balance Is The Key To Life

Did you know that balance is the key to life?  
A fanatical person can't see the forest for the trees.  
Even if you are a fanatic for God you can't think properly.

Look at all the religious wars.

My religion is better than yours.

God is on my side only.

God does not take sides.

Man creates wars.

God doesn't.

He has never started a war.

By being balanced in all areas of your life you develop a healthy relationship with  
God.

You become mature at all levels of your life.

You find your true nature.

Your true nature is balanced.

Look at the great masters.

They were balanced.

They said we could also be balanced.

They showed the way.

Ponder these words.

They have an inner meaning.

## Life is a game

Life is a game.

With all games there are rules.

The wise men in the past presented man the rules to play this game.

Kindness, love, and compassion were the rules.

Unfortunately, man has been fighting wars for thousands of years.

What has that gotten us?

More wars and misery.

Maybe we should open up the great scriptures and read the rule book again.

It would be great if we could put these words into action.

How many innocent people have died in all the wars?

Too many to count.

If we want peace on earth we need to understand the rules on how to get there.

Fighting will never bring peace.

It will just bring another war.

## From Me To We

Can you imagine there are civilizations out there that are billions of years old?

Just think they went through the same scenarios we did.

War, war, and war.

Some blew themselves up.

Some graduated from a war state to a kind state.

They went from a consciousness of me to we.

Mind you we are quite far from that.

Our world is in turmoil.

I even see it in my life.

When I get caught up in me I can't see the forest from the trees.

I take things too personally.

Yet when I have the awareness of we my life is calm and serene.

Personally in every moment we are learning and growing.

We have a long ways to go.

Everything must change for the better.

An evolution revolution is occurring right before our eyes.

We are going from me to we.

Mankind has never done this before.

We have had glimpses of it.

Granted it will take time.

Millions of people are dreaming about the same thing.

Peace on earth.

## Thirty

Whenever you advise a ruler in the way of Tao,  
Counsel him not to use force to conquer the universe.  
For this would only cause resistance.  
Thorn bushes spring up wherever the army has passed.  
Lean years follow in the wake of a great war.  
Just do what needs to be done.  
Never take advantage of power.

Achieve results,  
But never glory in them.  
Achieve results,  
But never boast.  
Achieve results,  
But never be proud.  
Achieve results,  
Because this is a natural way.  
Achieve results,  
But not through violence.

Force is followed by loss of strength.  
This is not the way of Tao.  
That which goes against the Tao comes to an early end.

## Commentary

Mankind has been fighting for thousands of years. What a joke! A forest fire will bring regrowth back to a forest while war brings a young man back in a box. Yet we still fight and kill.

How many civilizations have fallen due to war? Nations have been bankrupted. In the United State around 60% of our budget is for defense. Yet during this global shutdown, we are scrambling for medical supplies. Common sense is uncommon.

Why do we elect leaders that are warmongers? Why do we elect a President who has no morals or virtues? Many people say they don't care the economy is the only thing that matters.

Look I'm not super smart or intelligent. Yet in early January when I first hear about this silent virus in China I got concerned. Maybe my intuition kicked in. I had a global concern.

We could have done something as soon as it broke out. Instead, we had direct flights from China to the rest of the world. We hum and haw all along the way. It was a disgrace. Thousands of people are dying from this.

Politics got in the way. Science was saying we had better do something fast while our politicians didn't believe in their advice.

As a world, we need to change for the better. We need drastic changes. Mankind needs to be shaken in its boots for true change to occur. Maybe that won't even work.

Bring back the good old days. The grass is not greener on the other side of the hill. It's burnt.

We must take responsibility for our pieces of the puzzle. Just think Lao Tzu wrote this over 2,600 years ago. It is pertinent today.

## Thirty-one

Good weapons are instruments of fear; all creatures hate them.

Therefore followers of Tao never use them.

The wise man prefers the left.

The man of war prefers the right.

Weapons are instruments of fear; they are not a wise man's tools.

He uses them only when he has no choice.

Peace is dear to his heart,

And victory is no cause for rejoicing.

If you rejoice in victory, then you delight in killing;

If you delight in killing, you cannot fulfill yourself.

On happy occasions, precedence is given to the left,

On sad occasions to the right.

In the army, the general stands on the left,

The commander-in-chief is on the right.

This means that war is conducted like a funeral.

When many people are being killed,

They should be mourned in heartfelt sorrow.

That is why a victory must be observed like a funeral.

## Commentary

Lao Tzu continues with the horrors of war. War is not justified. One who follows the Tao will always find a solution or way out. We have been fighting for thousands of years.

It is considered an honor to fight for your country. Yet the Tao does not take sides. God does not take sides. We praise the new weapons being created. We honor them and rejoice in how many people could get killed by them.

Wars have been occurring for thousands of years. There has been very little time in history when there wasn't a war.

Where does war stem from? When one is not in harmony with the Tao and God there is an internal war within. This internal war will be manifested into an external war. It's as simple as that.

Yet still today we think war is justified. I'll teach you a lesson you will never forget. That's called ego and arrogance. We have leaders today that act that way.

According to the Tao, we need leaders who are in harmony with the Tao. We need honorable rulers. They need to have ethics and morals. Somehow in America, many people have overlooked that one.

I think Mother Nature is trying to teach us a lesson. The whole world is shut down. We must reflect and see what the next step is. War is not the answer. It is obsolete. We have made war a proud event and a privilege to fight. Mankind is being brainwashed. The true jewel exists inside of you waiting to be discovered.

## Pollyanna

Some people may accuse me of being a Pollyanna.

To be quite frank I am.

I believe in the human potential of man.

I've said many times before that the human body is wired up to discover our true nature.

What would be the purpose of that?

Why do we keep spinning our wheels?

Where are we going?

Millions of people are waking up from their slumber.

Kindness is our true nature.

Thru Kindness, we can change this world.

You may think kindness is weak but the entire universe's foundation is kindness.

Yet in our vain society, one is considered the strong one.

We have it all backward.

A kind person will change the world around him.

If everyone was kind the entire world would be transformed.

Mankind would be a kind man.

War would be a thing of the past.

Kindness is a creative force of God.

I love the Dalai Lama who says "Kindness is my religion".

Did you know that kindness starts by planting a seed in your inner garden?

Day by day you pull the inner weeds and tend your crop.

Kindness will grow under these conditions.

Slowly anger and hatred will disappear in your life.  
They won't 100% go away because duality is a course of life.

Yet you will be in balance.

Today hatred and anger rule the land.

The answer lies inside of you.

This is not only spiritual yet practical.

This is your true essence.

We have simply forgotten.

It doesn't matter who you are.

Everyone's pure essence is the same.

Ponder this over.

What is keeping you alive?

Behind your breath lies the answer.

## Improved Darkness 2

When I was young I was taught a misconception about darkness.

That darkness was evil.

Yet I love to see the stars twinkle in the night.

I love to meditate in a dark room.

It feels like a cocoon from this world.

A magnificent redwood tree is born from a single seed.

It begins growing in the dark soil.

The tree is mighty and its roots are in darkness.

This is the Ying/Yang of life.

Darkness and light need each other.

These are the two forces in life.

Yet the mind can become cloudy.

The mind can become dark.

The mind should be our best friend.

We should train our minds just like we train a dog.

A wild dog can cause harm to others.

A trained dog loves to cuddle with you.

All the wars got started by the unruly minds of men.

Minds that could not see the beauty of life.

Minds that love to send the innocent into battle.

They fought the wars for them.

Maybe you are the answer to establishing peace on earth.

Peace on earth begins when you find your true nature.

The mind is like a tuning fork.

Whatever you focus on you become.

If you focus on kindness daily your mind becomes kind.

Wouldn't that be wonderful if we all did that?

## Misfits

There are no misfits.

They are a figure of your discrimination.

When you see a person of another color, race, or creed rejoice.

The entire universe embraces diversity.

Don't get caught in the web of your limited thought.

The power of love is sustaining the entire universe.

The power that is keeping you alive is keeping the entire universe alive.

Because we only focus externally we are divided.

We only identify what we know.

If someone has a different color, religion, or race we tend to mock them.

Yet the creator never mocks its creation.

Only people who have tainted glasses mock the other person.

Wearing murky glasses creates a shady vision.

Shady vision leads to discrimination.

Discrimination leads to violence.

Violence leads to war.

War leads to repeat itself.

This is an ugly cycle.

This cycle has been repeated thousands of times.

When will we go beyond this broken record?

The wise man says to discover your true nature.

You exist inside each human being.

Your essence is the same.

## Atrocity Of Atrocities

This came from Mark Twain.

It kind of sums up what is going on today.

Unfortunately, this has been going on for thousands of years.

"Man is the only animal that deals in that atrocity of atrocities, War.

He is the only one that gathers his brethren about him and goes forth in cold blood and calm pulse to exterminate his kind.

He is the only animal that for sordid wages will march out...and help to slaughter strangers of his species who have done him no harm and with whom he does not quarrel. ..And in the intervals between campaigns, he washes the blood off his hands and works for 'the universal brotherhood of man'--with his mouth."

- What Is Man?

## Butterfly Creating A Hurricane

Scientists have the following theory.

Suppose a butterfly flaps its wings in New Mexico.

This effect causes a hurricane in China.

This may take a considerable amount of time.

Yet if the butterfly didn't flap its wings at exactly the right point in time the hurricane would never have happened.

This is known as chaos theory.

We have seen this in our wars.

One small incident in a faraway part of the world sparks a worldwide war.

Why don't we create a spark of peace inside of us?

If we all did that may be an incredible butterfly effect will take place.

Mankind will see the thread tying us all together.

There is no difference between you and me.

## You Have Nothing To Lose

You have nothing to lose on this path.

Except for your anger, hatred, and intolerance.

These are the baggage mankind has carried for thousands of years.

War is obsolete.

The United States spends about 60% of its budget on defense.

Yet we can't win the war in Afghanistan.

We have been there for over 18 years.

We have spent trillions of dollars and yet it's a losing battle.

We could have spent that money helping our own country grow.

That money could have helped the Afghanistan people succeed in life.

We did that for the Germans and the Japanese.

Look where they are today.

They were transformed.

This spiritual path is the most practical.

We would make laws that would benefit all.

Not the current system will the riches 1% make even more money.

In the meantime, millions of Americans who in the past got a significant refund had to pay thousands more.

Where is the justice in this?

We need to kick out all politicians who are in bed with the rich.

If you can't take care of the American people you don't belong in office.

We can change the system but voting them out of office.

A new day is coming.

The bickering has to stop.

We are all Americans.

We all want a better county for our kids and grandkids.

It's time to let go of our negative baggage.

We need to be mature adults.

Currently, Americans are divided.

We must go beyond that.

Families are being torn apart.

We have lost our dignity.

If you don't believe in my concepts you are an evil person.

We need to listen to each other.

We have different points of view.

We don't have to flame each other.

Remember there is a thread of love trying us all together.

Ponder this over.

## The Choice Is Ours

Imagine the universe is timeless.

Just think there may be ancient civilizations in the past on a small planet a long way away.

Imagine they went through the same things we did.

They went through their wars.

They reached a point where they could either blow their world apart or bring peace to their planet.

God does not save us.

We must save ourselves.

Can you imagine if these ancient ones all realized their true nature?

What kind of lessons can we learn from them?

What kind of wisdom do they have?

Is this entire universe built so we have the opportunity to discover our true nature?

The choice is up to us.

We have never been held back from God.

We hold ourselves back.

## Strength

What is the greatest strength?

It's easy to lash out at others.

But how easy is it to hold on to yourself and refuse to participate in anger?

Is strength measured by brute force?

Brute force is not the answer.

Brute force is like a rock.

Powerful yes.

But inner strength is like water.

Over time it will dissolve the rock.

Man has relied on brute force for so long.

Maybe in this arena, Darwin's theory doesn't hold too well.

How far have we progressed?

Do we need our animal instinct?

Do we need to lash out and have wars?

Maybe we need to discover our true inner strength.

Man will be gentle yet strong.

He will drop his chains.

## Take Off Your Mask

We come into this world knowing we are the universe.

Over time we have forgotten our true nature.

We create masks to reflect who we think we are.

Over time we play stupid games with one another.

My mask is better than yours.

I'm declaring war on you.

I don't like your mask.

I going to gossip about you.

I like your mask.

I'm still going to gossip about you.

The great masters have said take off your mask.

Discover your true nature.

Remember who you were before you were born.

## Cut The Tapes

If you want to change your life?

You must cut your old tapes.

If you don't the same old tapes will be repeated over and over again.

How can you expect to change if the same tape is playing over and over again?

Just look at our history.

War, war, and war.

We never have permanent peace.

For there to be peace on earth, you must discover your piece of the puzzle.

You are essential to making the puzzle complete.

You can't give responsibility for your piece to someone else.

It doesn't work that way.

Ponder this over.

Find out how you can cut your old tapes.

## The Lantern

Throughout history, man has stumbled in the dark.

Man distrust one another.

War is the norm.

I'll take what is mine.

This land belongs to me.

I'm going to rule you.

Darkness is in the land.

There is a lantern within us all.

It is not lit.

Now is the time to light the lantern.

This light will wake up mankind.

It will dispel the darkness around.

Peace will come to earth when mankind lights the lantern within his heart.

## The New Dawning Of Man

Is this the new dawning of man?

Have we reached a point in history where we can say let's get rid of the old?

War has raged on this planet and what has it created?

Another war.

We should have blown up the planet by now.

Armageddon should have come and this land would have been barren.

Yes, a new dawning of man is coming.

You just wait and see.

The entire universe is cheering for us.

The new dawning of man is coming.

## Mothers

At times I think newborn Mothers should be the dominant force in ruling us.

Imagine a newborn mother will never want her infant to go to war.

She would say war is obsolete.

Let's find a better way to solve this problem.

A mother has the best interest to educate the children.

She doesn't want anyone to go hungry.

Both sides of the party wouldn't fight one another.

Mothers know how to compromise.

They have the best interest in mind.

They would have term limits so nobody would get too greedy in power.

We have seen what happens today without term limits.

A mother would have patience, tolerance, compassion, and love.

These are the qualities that are needed by rulers today.

We do not need rulers who have no respect for one another.

We don't need rulers who mock those who disagree with us.

We don't need rulers who say I could shoot someone on the street and they would still vote for me.

We need to change.

I like my solution.

## Got To Tell You

I got to tell you that you are a miracle.

You are alive.

We take it for granted.

Yet at the time of death, one sees how precious our breath is.

Nobody can escape it.

I know it may seem like I'm a broken record.

All the great masters are talking about the same thing.

They have conveyed the message in different manners throughout the world.

Life is precious.

Know why you are alive.

I keep on saying the spiritual path is the most practical.

Why do I say keep on saying this?

Imagine most of our lives we are skimming the surface of the ocean of life.

The wise man dives deep into the ocean of life and becomes won with it.

I love the following saying from dear old Albert Einstein.

I think 99 times and find nothing.

I stop thinking, swim in silence, and the truth comes to me.

This is a very wise man who said this.

He understood the law of silence.

You can't think your way to God.

Yet by learning how to be silent you can find God.

In the silence lies the vast mysteries of life.

I have seen it many times before the following.

You are the universe.

You just don't know it.

You can never think this over and find the answer to this riddle.

The only way to understand this riddle is to swim in silence just like good old  
Albert said.

I find Albert to be a genius on two levels.

He was a genius in the sciences and he understood the law of silence.

Combine both of these and you have a true human being.

Hu-Man = Divine Mind

Man = Mind

Big difference.

Albert lived in the center of the hurricane.

He lived in stillness.

Man has yet to learn truly live in silence.

Yes, millions of people are already on this path.

But this knowledge still hasn't been accepted into mass consciousness.

When it does the world will start to change beautifully.

Kindness will take over.

Patience and tolerance will take over.

Love for one another will take over.

When a man truly understands that war is obsolete a huge shift will take place.

War is past dead energy.

We will look at war BC and peace AD.

We will stop and ask ourselves how did we ever fight in the first place.

But first, we need to learn how to swim and dive in the ocean of life.

There are millions of people on this planet saying the same thing.

This is not my message.

This message is brought forth by millions of people.

This message comes from the yearnings of mankind.

We know that we are missing something.

We can't quite figure it out.

It's at our fingertips yet we can't quite touch it.

That makes us frustrated.

Why can't I find the answer?

Remember what dear old Albert said.

I think 99 times and find nothing.

I stop thinking, swim in silence, and the truth comes to me.

You can solve this puzzle.

The answer lies within.

## The New Human In Society

Can you imagine a time when there would be no unwanted children in this world? Can you imagine a world where rape no longer existed? Can you imagine a world where there was no war or crime?

How could we achieve that? Through kindness. You see if the world was kind these problems would simply vanish through time. I'm not saying there would never be conflicts. Yes, there will but they will be solved through peaceful solutions, not through acts of war.

You see kindness is the intelligence of life. Can you imagine how the world would change if every child on earth was treated with kindness? There would be no more bullies on this planet. This world would transform.

We would build our society around the richness of education. Education would be free. It is a birthright. Teachers would be paid extremely well. Currently in the US teachers are one of the least paid professions. This has got to change.

Through kindness, our politicians will realize this and small changes will occur in our education system.

Kindness is a vessel where change can come for the benefit of all. The poor districts and the rich districts will have the highest education systems for all.

This means these terrible schools that are in poor neighborhoods will over time transform into new and innovative ways of teaching. The students would love to come to school and learn.

Crime would be virtually non-existent. School shootings would be a thing of the past. Why would you have a gun if war and crime did not exist?

Imagine a world like this. As John Lennon once said "you may see I'm a dreamer but I'm not the only one.

Yes, this dream may take generations. If we don't talk about it and offer suggestions on how to solve the problems we will never get anywhere. Kindness is the solution.

Today in America school shootings are an epidemic. I can't imagine going to school and having to worry that someone may come in with an automatic rifle and start killing people.

Many schools today have metal detectors. How can you learn in this environment? No wonder our schools are failing.

Some of these schools are outright dangerous. How can a student thrive in this situation? There are thousands of great teachers out there but unfortunately, they are sailing a boat without a rudder.

When the US spends more on defense than the top 12 countries spend something is wrong. Look at the past. When any great country spent more money on defense than anything else this was the start of the downfall of the country. History shows us time and time again.

It's like playing the same track over and over again. Without kindness, we will be doing the same thing over and over again.

Kindness is the glue that holds the entire universe together. As a world, we are doomed if we carry the old baggage of anger and war.

So many cities in the US are like war zones. Murders occur every single day. Children are afraid of walking down the streets. Children get shot walking to and from school.

Children get shot by random shooters. The bullets were intended for someone else but unfortunately, they were hit.

Where does this all end? Is this normal? We almost take it for granted. If you don't live in these cities we brush it off? Yet we all must change. Every person must change.

We need our political system to change. We need every system in America to change. If we don't we will continue to decay.

Strangely, kindness is all around. It is everywhere. Inside our DNA lies kindness. Everything you see lies in the field of kindness. Behind your breath and thoughts lie kindness.

Yet we are not trained to tap into this field consciously. We all experience kindness at some point or another. Yet we don't know how to consciously drink from the cup of kindness moment by moment in life.

What would happen if the entire world at large could do this? Going back to our education system we could transform America if our students were well educated. If every single student had the education to learn and go to college our society would change for the better.

We can't have our education continue in this manner. Currently, we have an administration that gives lip service. Without kindness, we can never change truly.

We can make laws. We can try to enforce the law. But without kindness, we as a nation are at a standstill.

Look at the US today. We are divided. Us versus them. Gasoline is constantly put on the fire. We have a President who loves that. Look I'm not republican or democrat.

Both sides are divided. Both sides are wearing tinted glasses. Both sides are angry and fighting with each other.

In this situation, we as a nation are lost. We have forgotten our souls. I remember in the sixties hearing stories about the debates between the two parties. They were heated debates.

Yet at the end of the day, they would go to a bar and give a toast to each other. They could let bygones be bygones.

Currently, both sides of the party hate each other and can't compromise. I'm not saying all members of Congress do this. But let's face it this is what we see.

We are living in a world where we can see a way out of the mess we created. We don't see that we all created this mess. Only by pulling our internal weeds can we clean up the mess that we created.

Our inside awareness dictates the world around us. If we are angry inside and we see a Facebook post that we don't like we will flame the post. We just pass on the anger. We are putting gasoline on the fire.

We need to learn how to defuse the situation with kindness. This is probably the hardest thing to do. Yet it is the only way for our world to continue.

It's so easy to be angry. Anyone can do it. But to be kind when someone is shouting in anger at you is very difficult.

Ponder over these words

## You Are Star Dust

Hi Kids. Let's gather around the campfire. Wow, look at the millions of stars in the sky. Did you know that you are stardust? You came from the stars.

Here's the kicker. You are the universe. You just don't know it. Your true nature is kindness. Your true nature is love and compassion.

This story begins a long long time ago. Millions of years ago. Imagine there was a planet much like earth.

They went through the same craziness that man has gone through. War was rampant throughout the land.

Quite frankly people were good but the leaders were not so good. They were only interested in power and greed.

Yet your true nature is kindness. Life is like a grand hide and seeks game. For a civilization to truly mature, it must discover the diamond inside. Only by discovering kindness inside will you truly be kind in your life.

You can be highly advanced in technology but if you don't get along with others you are missing the point in life.

Did you know that it takes around a million years for an entire civilization to go from darkness to light? That's a long time.

Yet in the end, heaven truly comes to earth.

Can you imagine a world where everyone gets along with each other? Imagine being in school and there are no bullies? Nobody will ever pick on you or call you names. This was gone from the culture a long time ago.

You see the kids and adults could see the web of life tying us all together. This web is true love.

They had an interesting way to teach one another. They didn't have desks all lined up in rows. The teacher was teaching ahead of the classroom. They taught in nature under a huge tree. There was a huge circle will the kids would sit around.

They would teach and slowly walk around the circle. Every day the kids would move to a different part of the circle so they would sit beside someone different. This helped prevent clicks.

The children loved to learn. They were highly advanced. Can you imagine that every kid knew he was the universe and knew it from experience? She was the sun, moon, and stars walking around in a human body.

How would you like to create rainbows in the sky using your hands? Not only that but each rainbow played an incredible melody. Groups of children would have an orchestra in the sky.

We have never heard such sweet melodies. It's like the universe itself was playing music. It was the kids who were in tune with the universe. Beethoven would have loved it. Each one of the kids was an incredible conductor.

Imagine a world where there was no crime. There was no poverty. No lack of food. No illness. You see once a civilization understands and experiences the laws of the universe all these problems can be solved. Yes, it takes around a million years.

Unfortunately, some worlds don't make it. They tend to blow themselves up. You see we have free will. You can change for the better or you can destroy yourself.

Quite frankly those are the two options. There is a point where each person decides.

Can you imagine at a certain point your world starts to change dramatically? Slowly I mean slowly you begin to look transparent much like Casper the friendly ghost.

You start to be more multi-dimensional. You are no longer physical. You have become pure energy in nature. Now the fun comes. Imagine going anywhere in the universe in less than a second.

How's that for a cosmic ride? Talk about a roller coaster ride. You and your friends can go anywhere in less than a second.

Imagine the entire knowledge of the universe is inside. What does that mean? It means as a kid you are extremely wise. You are not limited. You don't have to learn your ABCs. You have a Ph.D. from the universe. You are wise beyond belief.

This is your true nature. You are wise and kind. You have learned that without kindness you never get to be wise.

Nature only gives her secrets when you are kind. Nature is not a bully or mock one another.

Here's the kicker. You still are an individual yet at the same time you are one with the universe. Now that's a paradox.

Imagine a cosmic soup. It has many different ingredients. Yet you can't take out a certain ingredient.

We are talking about quantum energy. Boy Einstein would have loved this. Imagine in his mind he created these theories. How would it be if he could imagine them in his mind and at the same time practically become the experiment?

Imagine  $E = mc^2$ . He could go from mass to pure energy and back to mass again. Now that would be exciting. Inside of you lies the laboratory of life. Imagine all sorts of incredible inventions would be developed.

When a civilization lines itself with the universe all sorts of incredible inventions will happen. You see nature will trust you.

In our present-day world, we let the genie out of the bottle. We create nuclear bombs. Now we have a threat that we can destroy the entire world. We don't know how to put the genie inside of the bottle.

The only way out of this craziness is to find the jewel inside. It's been there the entire time.

Remember you are a piece of the puzzle.

## One Million Years From Now

Wow! Mankind did it. They became a kind man. You wouldn't recognize the change in mankind. War is a thing of the past. Gone are the negative emotions of anger, greed, and lust for power.

Mankind pulled all the negative weeds once and for all. Remember the slogan you are the universe. You just don't know it. Well, mankind does now.

Signpost of God is all around. You just don't see it. Well, society and the world at large see the signpost all around.

It's a glorious day in the universe. Mankind has waked up from its slumber. The hide and seek game is over. Mankind is united with the universe. You could say the universe and mankind are the same.

Can you imagine being the sun, moon, and stars walking around in a human body? The disease is a thing of the past. Mankind can live as long as the Dragons. Imagine living for 5 to 10 thousand years.

Can you imagine no more conflict? No more bullies. No more crime. No more poverty. No more throwing garbage in the ocean. No more pollution.

Mankind has reached a state to solve any problems. There is no us versus them. No more divisions. Each person is recognized as being different and yet at the same time, there is unity.

You see their awareness is one. They no longer can divide and try to control others. How can you do that when you see through the eyes of everyone? Now that's a sight to behold. You see through your eyes and at the same time you see through the eyes of others.

It took a long time for this to occur. 2012 was the turning pot. Many people on earth at the time didn't know if humanity was going to blow itself up or not. Many people felt that mankind passed a marker where a man would ultimately discover the signpost of life.

Life was grand. Can you imagine being the creative source of life? Mankind was in tune with the earth(Gaia). You could say they were the same. Talk about changes.

In the 20th century, man had no regard for the land. They polluted the entire earth. They were sawing off the branch they were sitting on. Year by year man changed their ways.

Man became tolerant of each other. A man started to listen to one another. Man became kind. Slowly I mean slowly mankind woke up from their slumber.

The more man woke up the more the universe would share its secrets. You see these secrets could be used for good or bad. The keys aren't given to just anybody. You have to be in alignment with the universe to receive them.

Century by century mankind evolved. Science and religion merged. Meditation was a common occurrence. Mankind discovered the laboratory within. Mankind started to learn how to be in constant meditation twenty-four hours a day.

Mankind was on an inner and external journey. Over time mankind knew that they came from the stars. They knew they were stardust. They had the recognition of where they came from. Can you imagine thinking you were an orphan and meeting your parents for the first time?

Well, this happened to humanity. Slow, I mean slowly they came to discover where they came from and to once again communicate with their parents. You see their parents were always there but they didn't have the eyes to see.

You see even down to their DNA the Pleiadians were there. They were the ones who seeded mankind.

Yet there were hidden until we woke up. This is the game of life. When a civilization becomes mature enough and responsible you help the universe. This is the grand game of hiding and seek. You help the universe to evolve.

What a grand game this is. Throughout history, the great masters have come to talk about the hide and seek game. It's only by your free will can you wake up. You are a piece of this puzzle.

Well, humanity discovered their pieces of the puzzle. The entire puzzle was put together. Granted it took a very long time yet the universe is only a blinking of an eye.

Can you imagine being one with the quantum energy of life? You could go anywhere in the universe in less than a second. All knowledge would be known.

This is how they discovered they were stardust. This is how they discovered their parents never left them. They were there all along but we couldn't see them. Mankind awoke to thousands of wows.

They discovered these truths were always there but they didn't have the eyes to see them. What an incredible day when they woke up from their slumber. Every day it was like Christmas. Brand new presents were under the tree of life. What can I discover today? What can I create today?

You see life is not boring but we can be boring. It is a state of mind. Mankind completely changed his thinking. He became a creative force in the universe. He was in tune with the universe. He was in synch with the universe. He was the universe.

Wow, can you imagine that? Well, when mankind did this the entire universe celebrated. They have waited for this moment for eternity. There were grand parties throughout the universe.

Did you know that the planet earth reached its goal? Well of course they knew. They were the universe. Yet an incredible event occurred. It was like winning the super bowl of life. There will be billions of beings helping and assisting mankind on this journey of life.

And they did it. They didn't blow themselves up. Wow, what a game of life. They solved the grand puzzle of life. No words can describe the joy in the universe. You see the entire universe is alive. We just see empty space in the sky. Yet the entire universe is conscious and aware.

Mankind finally reached the highest goals of civilization. They pulled out all the negative weeds and discovered the universe inside. You could say the universe was proud. Just like a mother or father would be proud when you did something incredible. That's my boy. That's my girl.

You see the universe coaches us in life. It is always there on the sidelines. You are never alone. You may think so but you are not. Imagine the surprise to you and the universe when you wake up. What a grand celebration. Your coach is ecstatic.

See, you see what an incredible game she played. The entire universe roars. Ripples of joy reverberate throughout the universe. It is felt all over the universe. It is a crowning moment in time.

Can you imagine the joy when Buddha enlightened? Wow, the celebrations are still going on. It's like when Roger Banister ran under the four-minute mile. People said it couldn't be done. Well, he did it. Soon afterward even some high schoolers could do it.

Buddha showed it could be done. Now slowly people are waking up from their slumber.

Christ was another great example. He showed humanity the way. The kingdom of heaven lies within. What can be more incredible than that?

## Ten Million Years From Now

Wow, a lot has happened since 2012. That was a turning point in human history. As we saw in the last chapter all of humanity lived in peace and harmony. They discovered the jewel in life.

They were one with the universe. After some time give or take a million years they were presented with a new mission. They didn't have to accept this mission. Remember they have free will.

This mission was to help jump-start another planet along its journey in life. There was a new planet that was the new kids on the block. They had the building blocks to support life.

Humankind was asked if they wanted to help and assist along the way. Just like the planet earth got assistance from the stars this planet had the same opportunity to assist.

This planet was around for over a billion years or more so the foundation was already set up. Help and assistance were already there. But here's the kicker.

They wanted the humans to help and assist future humans on this planet. They wanted to have their DNA for these new humans.

I think you get the picture. Inside these new humans lies their parents and the secrets of the universe.

Imagine this world going through the same struggles we did. The same darkness had to be overcome. War, poverty, and greed would have to be overcome.

The same craziness. You even had the same kind old masters coming down to try to humanity.

The rules were simple. They had free will. They would decide ultimately whether they blew themselves up or find the puzzle within. I don't mean to be dramatic but that is the truth.

You might say how is this possible? How could humans on earth help someone this way? Well, when you are the sun, moon, and stars you can be anywhere. You can lie inside of the DNA of a man.

Isn't that incredible? The hide and seek game goes on forever. We can partake in this game and help another world in discovering itself. Yes, it takes time. We have all the time in the world. Remember you are eternal.

Remember the signpost is all around. How would you like to help set up the signpost in this brand-new world? The signpost can only be seen by the pure in heart.

Great teachers and nobodies will come upon the land helping man to discover his true nature.

As you know the planet earth had a great journey they walked through. Many people thought back then the earth didn't have a chance. Well, think again. Against all obstacles, man overcame these obstacles and found the puzzle.

Humans are very kind and compassionate. They loved the idea to help transform another world. So with the same care, they received from their parents they had the same care for their children.

They had unlimited love and compassion for this planet. They didn't judge. Remember God and the universe do not judge. But they gave small and helpful hints along the way.

They provided guidance much like a coach. They couldn't play the game for you but they could give incredible advice.

Slowly, I mean slowly the journey of life continued. Two steps forward, one step backward. Man learns in every step he takes. They had the same battles of life we did.

Nobody gets a free ride. Yes, there were moments when nobody knew if they were going to survive or not.

But slowly, I mean slowly man was waking up one by one. This took a good million years. It was quite the Greek odyssey. Homer would have been proud. This was quite the journey. It lasted over a million years.

They didn't blow themselves up. They became one with the universe. They solved the puzzle of life with a little help from our friends. Wink wink. You and I were there as proud parents. The entire universe gave a standing ovation.

You see eventually all children leave the chicken coop and fly into the sky. In this case the stars. You see another journey, another world needs our help.

We would never have it any other way. We are the universe and we know it. We are all united by the thread of love.

## I Feel So Much Love

I feel so much love.

The universe is saturated with love.

Every speck is filled with the love of God.

Your DNA is love manifest.

You are a blueprint of God.

You are created by God.

You are an image of God.

God does not have a human form.

Yet you were created in his image.

God does not have a gender.

The image of God can't be seen externally.

It only lies within.

That's why all the great masters have said to find the precious jewel within.

There you will discover your true nature.

Surfers ride the ocean waves.

Mystics ride the waves of love.

Both of them get incredible rides.

I'm both a surfer and a mystic.

I'm having the ride of my life.

Love truly is the essence of life.

We are all looking for it.

The world desperately needs it.

We have been fighting for so long.

We have spent sixteen years in Afghanistan and we will never win that war.

War is obsolete.

Love is truly the answer.

When humanity will truly embraces and discover love within, the world will be at  
peace.

Love is practical.

It serves a purpose.

War is not practical.

Not unless you think to bring young boys back in a box.

I'm all for being a patriot of your country.

Yet this war machine has got to stop.

War is the absence of love.

War only divides man.

Love unites.

Even when the entire world discovers its true nature.

There will be conflicts.

Yet these will be peaceful conflicts.

They will be solved by compromise.

Swords will never be drawn.

The politicians will be skilled with words.

They will know how to communicate from deep within.

They won't be like some today who speak what comes to their minds.

Big difference.

Love will show the way.

I feel so much love.

The universe is keeping me alive.

Ponder this over.

You are a piece of this puzzle.

## Think Outside Of The Box

I think that humanity needs to think outside of the box. Both the Indian concept of karma and the works of Carl Yung studying the subconscious mind are in alignment. Modern-day scientists are saying the same thing.

Mankind is playing the same tapes over and over again. History goes in cycles. War, war, and war. We have been fighting ever so long. We are running on a treadmill and going nowhere.

Karma is running our lives in the past not the present. Imagine 95% of our actions are dictated by our subconscious yet we are not aware of it. This has been going on for thousands of years. It is hardwired into our system.

Karma is displayed in every action we take. It does not judge us. It is simply like a hard drive storing all of our subconscious memories. You can't separate your thoughts and emotions. Both of them are intertwined.

Karma is simply playing the same tapes over and over again. It is not the universe playing some joke on you yet it is you playing the joke on yourself.

The universe does not judge. We do a great job of judging ourselves and others. Thinking outside of the box is the answer to life.

To start thinking outside of the box one must see that life is a series of cycles and patterns. It's like Groundhog Day yet the cycles are longer.

Many people who study the past can predict the future based on our past actions. History repeats itself. We spend most of our lives oblivious to this.

In the East, this concept had been known for thousands of years. It is a part of their culture. Yet even still it's at a subconscious level. It's not truly realized. At this present moment, only a small portion of humanity is discovering their true nature and thinking outside of the box.

As I said before Mystics and modern-day scientists are merging today. So many incredible discoveries are happening. Scientists are studying the scientific aspects of mediation.

Just think in the seventies a brain wave capturing device cost around \$20,000. Today it costs in the \$150.00 to \$250.00 range. These devices have many different types of guided meditation to assist you on your way.

Many of them use binary beats which Robert Monroe discover in the mid-fifties. Binary beats are two different signals one going into the left ear and one going into the right ear.

Both of these create a wave that creates synchronicity between the left and right hemispheres. They are great training wheels for beginners. It is being used at all levels of life.

It makes the journey a lot easier. Scientists have mapped out the various brain wave states. The goal is to be consciously aware of the quantum field in every moment.

These devices are stepping stones to be used. For thousands of years, people used fire, chanting, and doing mantras to get into this state. Science is helping to bridge that gap.

There are countless methods out there to assist you in reprogramming your subconsciousness. These are exciting times. Mankind is slowly learning to think outside of the box. Remember only you can change. Nobody can do the work for you.

## Signposts Are All-Around

Can you imagine signposts are all around but do we have eyes to see? Nature is alive and communicating with each other. But we have cell phones in our hands.

Magic is all around us but we can't see it. Imagine the mysteries of life are all around us but we don't see them.

This is the journey of walking from darkness to light. We think we have all the answers yet we are living in darkness.

If we think we are living in the light then we have been fighting for thousands. Why do we have guns and violence? Why do we have 45 billionaires who have more money than half the population?

This is a journey we are walking on. Kids you have a say in this matter. The torch someday will be passed to you. Someday you will lead the way.

Take a look at the sun in the sky. It just shines. It has nothing to prove. Its rays keep the entire earth alive. Now that's true magic. It is not a slight of hands. It's not some magic trick that appears real but it's not. It's the real deal.

Every step you take over the time you can start to see the signposts are all around. You will begin to see the majesty of the geese and ducks flying in the air. You will love to hear the geese honking in the sky. It will bring a chill down your back.

You will begin to learn to sit on a park bench and take in the beauty that surrounds you. You can close your eyes and tap in and communicate with nature. Nature is alive.

How about not getting bored? You won't need to have your cell phone with you twenty-four hours a day. Yes, you can still have your cell phone but it will be different.

Imagine looking into your friend's eyes and seeing yourself. Whoever you may encounter you see a reflection of yourself. How could you harm anyone in that state? There would be no more flaming posts on the internet.

No more bullying. No more sexual harassment. This would be a thing of the past. How about no more school shootings? No more wars. No more guns and violence. No more crime.

If you think this can't happen then think again. Your civilization is only 50,000 years old. There are worlds out there that existed before the universe was born.

They had to take small baby steps along the way. Ultimately some succeeded and they went out and helped others on this journey of life.

Help is on the way. Yet you have to ask for it. You see you have free will. That is the law of the universe.

The universe is playing a hide and seek game with you. This is the game of life. This is the greatest game ever played. It will go on for eternity.

So you are a piece of the puzzle. Your piece is super important. Imagine having billions of pieces of the puzzle put together.

et there is a missing piece. It's yours. Will the puzzle be complete? Now one is missing and it's yours.

You can begin to learn how to be a global citizen of the universe. You can learn how to be kind. You can learn how to have love and compassion for your fellow man. You can learn how to have patience and tolerance.

You will once again discover the laws of the universe exist inside of you. You will start pulling all the negative weeds from your garden inside. You can do this. Our world isn't the first nor are you the last to walk from darkness to light.

You see you aren't alone. How would you like to feel that there is a great coach inside of you? You can feel it.

It's so familiar. It's a part of you. How about a part of you is already the universe and a part of you lives in this world? You have the potential to realize this daily.

In the early 1950s, Roger Banister run a sub-four-minute mile. Nobody thought it was possible. Months later the barrier was broken and even some high schoolers did this.

You have the same potential. There is a precious jewel that lies within you. Millions of people are waking up from their slumber.

Signpost is all around you. Just open up your eyes. The story continues.

## Hungry For The Kill

Are our politicians who send innocent men to war-hungry for the kill?

Why would you send innocent ones to die on a battlefield?

You are not doing your job.

You are paid to be diplomats.

There is a way to solve this issue.

You gave up and said this s the only solution.

Is there a part of you that takes responsibility for your actions?

How do you sleep at night?

Are you a career politician?

I'm only interested in getting elected.

I have no concerns for my fellow man.

I'm the best leader.

I will slander my opponent.

We need to change.

Leaders must truly lead without selfish interests.

Let's change the system.

## Your actions change the universe

Your actions change the universe. Did you know that? What? No way. You got to be kidding me. I'm so small and the universe is so big.

Have you ever heard of the butterfly effect? It says a small cause can have a large effect.

In *The Vocation of Man* (1800), Fichte says that "you could not remove a single grain of sand from its place without thereby ... changing something throughout all parts of the immeasurable whole".

This is taken from Wikipedia

In 1972, Philip Merilees concocted Does the flap of a butterfly's wings in Brazil set off a tornado in Texas?

As a title.[13] Although a butterfly flapping its wings has remained constant in the expression of this concept, the location of the butterfly, the consequences, and the location of the consequences have varied widely.[14]

Imagine throwing a stone into a pond. You see practically ripples that are spread across the pond. Now imagine every action we take sends ripples across the universe.

What if the universe is alive and conscious? If every action we take has a ripple effect our actions change the universe. Unfortunately, most of us just carry on life in a reactive mode.

We react to whatever comes our way. We aren't consciously aware that we can be CO-Creators in our life. We can be in harmony with nature and the universe. In other words, we can experience our actions having ripple effects throughout the universe.

Imagine what would happen to a civilization that understood this concept. We are new kids on the block. As new kids, we have a lot to learn. War is not the answer. How far have we evolved emotionally and spiritually? Not very much... Just take a look at the news.

Just think there are probably civilizations that are older than a billion years. Many of them are probably light years ahead in understanding the universe.

They overcome all the obstacles that we have a long time ago. War, famine, crime, etc. have left their world eons ago. Every person had to find his true nature inside them.

Only by understanding your true nature and experiencing your true essence can a civilization grow.

We send satellites into the sky and maybe we can go 16,000 miles per second. We creep along at a Snell pace. Even if we traveled at 186,000 miles per second it would take around 2 years to get to the closest star.

If a civilization realized that there is a universal field that exists everywhere. This field is interconnected. Imagine that you could go anywhere in the universe in less than a second.

You wouldn't need a mechanical vehicle to take you there. Now just think that this civilization understood these laws of physics. They reached a point where they were the sun, moon, and stars walking around in a human body.

How advanced would they be? They understood the mechanics of the seen and unseen energies of life.

Our present-day science says that most of our DNA are junk. Does God make junk? Maybe these civilizations realized that most of the junk DNA are multidimensional DNA.

They had the power to tap into it. Recently our society is beginning to think the same. Can we change our DNA? Yes. Can a human do it consciously with intent? Yes. We are taking baby steps. We are learning along the way.

What does this have to do with your actions changing the universe? I believe that we are evolving where we can consciously be aware of the field.

The more we are aware of it consciously, the more we can feel the ripple effects of our actions. This is not some wishy-washy idea.

Many of the great mystics said the same thing using the language of their time. We have long ways to go yet I feel there is an evolution and revolution of Love that is happening on this planet.

There are millions of people on this planet who have this same vision. Remember that light dispels darkness. Never before have we seen this golden opportunity.

It may look like darkness has won the war. Yet the light is stirring up the darkness. Darkness has nowhere to hide.

At the time of Christ people noticed an incredible aura around Christ. He was different. He was full of love and compassion. People felt this.

He understood that his action affected the universe. He was aware and in harmony with his father. We have the same opportunity to do so. We come from the same place he did.

## Why Were We Never Told?

Why we were never told that our wars only bring more wars?

Why were we told if someone or country is different we condemn them?

Why were we never told that God lives inside?

Why were we never told that true happiness is a state of mind?

Why were we never told you can rule the world and you can be miserable?

Ask Alexander the great.

Why were we never told that true riches exist inside of our hearts?

Why were we never told that politicians don't have our interests at heart?

I know it doesn't look that way.

Why were we never told to drop all of our anger?

It will never solve your problems.

You just get more baggage.

It seems at times man has been in a rut.

We are running in circles and not learning from the past.

You can change.

The entire universe is watching us.

You can solve this riddle.

## It's Time For A New Act

It's time for a new act.

Mankind has been acting for a very long time.

It seems we have been performing for a very long time.

It's like the record we are playing is always repeating itself.

War, war, and war.

Anger, anger, and anger.

For centuries we have played the same track.

It's time for a new track.

Let's drop these old energies forever.

Let's embrace peace, love, and tolerance.

Be kind.

Be thoughtful towards your fellow man.

Learn from your mistakes.

There is a new way to act within this divine play.

Discover your new role.

Become one with it.

Perfect it.

You will have solved your piece of the puzzle.

One by one peace will be on earth.

## Balance The Ego

For thousands of years, western man's ego has been totally out of control.

The ego should be balanced between masculine and feminine.

Unfortunately, the masculine has dominated this planet.

Wars have been fought all over the world.

Man likes to conquer.

If each male would balance themselves with Love, patience, tolerance, and compassion.

This world would be a better place.

These are some of the qualities of the female ego.

We should have a mixture of the two.

In reality, God is not male or female.

Yet on this earth, we have duality.

Man has been taught not to express feminine qualities.

The world we live in is an example of a man not being in balance.

We need to solve this puzzle.

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Greetings. Welcome to another talk. We are happy to be here. Life is glorious. Your world is going through many changes. I don't have to tell you that. It is very important to be centered.

Don't let the political affairs today affect you emotionally. Don't let it get you angry. You can't fight fire with fire. You can put water on the fire. You can arise beyond the anger and let your true nature take over.

There are new energies on this planet. Kindness, compassion, tolerance, patience, and love. These are the new energies to embrace. Let go of the old energies.

Anger, fear, war, intolerance, etc. This planet doesn't need these energies anymore. They never led to any positive outcomes.

Our world needs to be united not divided. We are one family. We are intelligent enough to be united. Look at the past. Wars have come and gone because we are not united. We can do this.

Each one of us is responsible. Don't spew anger on Facebook. If someone has a different point of view speak from your heart.

Listen to the other side. They are not your enemy. They are in pain too. Many times they express pain through anger.

Change your attitude. Don't let the old energies control your life. You won't be able to think properly. The old doesn't want to lose control. It truly is a battle between light and darkness.

There is a way to convey your thoughts without stooping down to their level. Look at the Dali Lama. He uses humor to convey his message. Speak from your heart. The universe is watching you.

We can change our way of thinking. We can change our point of view. We need to become mature adults. Stop look and listen before you speak. Don't be reactive.

Most of all are kind. Be kind to your fellow man. Laugh. Play. Be considerate. Come from your heart. Don't ridicule or mock others. Don't insult others. You are neither right nor wrong.

If you do these things the situation will change. You can't fight a war if your enemy is your friend. You can't fight a war if the other person truly tries to understand your pain and tries to help you.

We need to help each other. America is divided. We all want the same thing. Our system is broken. People have lost faith. We are tired that our political system is not working for us.

We need to change. We need to change our attitudes. We need to see that we all want the same thing but we have a different points of view. The Democrats and Republicans aren't enemies.

Both sides are beautiful. They just need to stop playing petty games and cooperate. They need to compromise. They need to truly listen to one another and not play childish games with one another. They act like children in a sandbox throwing sand at one another.

It's time for the political system to become emotionally mature. We need mature leaders. We need our leaders to think about the situation and not speak without thinking. This could be of serious consensuses. A war can be started this way.

America is at a crossroads. Which way are we going? It truly is up to each one of us. Let go of your fears of your fellow man. We are a melting pot. We need to show the world our true values.

The world is concerned about us. Most political leaders around the world are highly concerned. Many of our relationships with these countries are in peril. We are on shaky footing. The carpet could be pulled from our feet.

Nuclear war is not the answer. We shouldn't even think that is an option. War will never solve any problems. We are capable to have other solutions. We need to lose the mentality of war altogether.

## 4/28/2018 Chicken

Last week I heard on NPR radio this fascinating story. A group of scientists was studying animal behavior. They studied a group of chickens for three years. These scientists took the so-called brightest and smartest chickens and placed them into a group.

The so-called normal chickens were placed into another group. After three years they saw the results of the test. Out of 30 chickens, only three survived. They fought and killed one another. It was the strongest survive. No sense of cooperation. No harmony whatsoever.

These chickens were living in hell with no sense of purpose. War is what they knew how to do.

Well, the normal chickens lived like what chickens do. They laid eggs and were content. No fighting occurred among them. They had nothing to prove. Everyone thrived in this environment.

Well, this discussion changed course and then they started to take a look at the top 10 Ivy League schools. They are super hard to get in. The average student would thrive at another college. Yet they found out that this created conditions just like the chicken study.

These students were placed in a situation where they always had to be the best. You learned to cheat, steal and lie to the top. Mind you I'm not saying all students are like that. But the intense pressure is there to perform.

Know these top colleges place students into the top fortune 500 companies today. Their psychology is embedded directly into the work environment. It's subtle yet there.

As a worker, you are only valued for your performance. Period. This places a lot of stress on the worker.

As a worker, you fight your way to the top. There are only so many promotions to go around. You live in fear of layoffs. Your CEO makes probably 1000 times that you do.

They then took a look at present-day politics. Need I say more? Constant bickering and fighting. No cooperation. Name-calling is the name of the game. There is no sign of discrimination.

We have a media that is one side or the other. Both sides can hardly speak to one another.

Our President has told so many lies that nobody knows what truth is. Just one of his major blunders would have brought a past President to resign. How many affairs has the President had and does the Christian majority still support him?

Well, the rest of the chickens are living their lives. They are going to school. They have friends and family. They go to work. They go on vacations. They are good people. They love their fellow man.

I'm not saying there are no problems. There are tons of them. I remember people always talking about Darwin's theory. The survival of the fittest.

Did you know that Darwin considered this to be the lowest in his view of evolution? His view was cooperation. Nature cooperates. The entire world of nature is in cooperation with each other.

If nature did not cooperate this planet would have been gone a long time ago. This is the main theme that the scientist discovered. Without cooperation, we are doomed. We must reclaim this.

We are all Americans. We aren't just Republicans or Democrats. We are united. It's about time for us to wake up. I see a new wave of hope occurring in us today. People are starting to wake up and demand change.

Maybe, just maybe a meditator can see and feel the quantumness of the universe. Maybe the laboratory of life exists inside of us. Maybe we were created to find and discover this inside of ourselves.

I think we are in the beginning stages of development. Why we still are babies in emotional development? We still fight and war with each other.

We use our precious discoveries of the universe to make atomic bombs. We have a President who tweets my button is bigger than your button. A thin thread is holding a knife over our heads and we are oblivious to it.

I have great hope for the future. I feel that science and the world inside will lead the way for humanity. Just think when a scientist truly begins to open the door inside.

They will begin to operate at a deeper level. They can embark on the scientific discoveries of the inner and the outer. Both of them will lead to the same place.

Life is a mystery. Both the scientist and the mystic are embarking on an incredible journey. The light particles that a mystic sees are the same light particles that a scientist uses in Cern Switzerland.

Both of them are in different laboratories. One is outer and the other is inner. I think the mystic has an advantage. The human body is wired for this experiment.

The human body has five senses and there are five eternal senses within. The human being can learn how to be aware of the consciousness of the universe. A human being is hardwired for this experience.

Yet most of the time the car is sitting in the garage. The garage door needs to be open and you must back out the car and take it for a spin.

Humanity is just beginning to understand to open up the garage door within. When they do science will go to another completely different level.

There the universe can show humanity gifts we can never imagine. You see without kindness the universe will only show you so much.

It would be like handing a small child an atomic bomb. They wouldn't know the damage that it could do. We are in that state. Without humanity becoming a kind man we will never progress to our true potential.

You see the universe is kind and aware. The universe is love and compassion. Become like the mystic and discover your true nature.

You are the universe. You just don't know it.

## The Rapture

Christians are waiting for the rapture.

God will blow this earth to smithereens.

God won't do this.

Humans will.

Yet man has reached a turning point where this won't happen.

Man has decided that Peace on earth is the way.

I know it doesn't seem that way.

Wars are all around us.

Yet the light of God is dispelling darkness on this land.

Many people like you and me are bringing light to this planet.

Only humans can bring peace to this planet.

God is there as our coach.

He will not play the game for us.

We have to play the game.

These are exciting times.

The world wants peace.

Let the dust settle.

## Closing

Let's close this chapter on war for good.

All it takes is for you to solve this puzzle.